

Welcome!
Thank you for choosing to worship with us today!
Please register your attendance online at mylhumc.net/worship (text "Present" to 850.265.5231 for the link) or fill out the form below.

Name(s): _____ Date: **10/2/2022**

Check one: 8 am Service 9:30 am Service

Check one: 1st time guest Out of town guest Regular Attendee Member

Email (please print): _____

Would you like to receive our e-Newsletter? Check here:

Would you like to receive our church-wide text alerts? Check here: Cell Phone: _____

Please tear off and place in a basket as you exit



DISCIPLESHIP PATH next steps

CORE BELIEFS CLASS
SUNDAY, OCTOBER 2 AT 10:45 AM

SHAPE (SPIRITUAL GIFTS) CLASS
SUNDAY, OCTOBER 9 AT 10:45 AM



FALL FAMILY FUN NIGHT

Wednesday, October 26
6:00 PM - 7:30 PM

TITHES & OFFERINGS

4 WAYS TO GIVE OFFERING BOX*

TEXT A DOLLAR AMOUNT TO (850) 279-5868

FELLOWSHIP ONE GIVING APP

ONLINE AT MYLHUMC.NET/GIVE




* Offering envelopes are available at the Worship Center exits

TRANSFORMED

Mental Health

Pastor Terry Tatum - October 2, 2022



Welcome to Lynn Haven United Methodist!
We're glad you're here!

Sunday 9/25/22

If you were unable to attend either of the in-person services last Sunday, you may be aware that we were experiencing technical difficulties with our live stream equipment. For anyone wishing to check out the message Pastor Craig delivered on how God can help us Transform our Physical Health, please visit our YouTube page at: <https://www.youtube.com/LynnHavenUnitedMethodistChurch>.

Wed Night Service Information:

Join us this Wednesday as we continue our Transformed Bible Study series. We will show a video from Pastor Rick Warren (whose congregation, Saddleback Church, created the Transformed materials) that will cover today's sermon topic about how, with God's help, we can be Transformed in our Mental Health. Study guide materials will be provided to be used for group discussions that will follow each video. Wednesday Night services are preceded by a fellowship supper in the Community Room from 5 to 5:45 pm. To see the menu, sign up to eat or pay in advance online, visit mylhumc.net/supper.

40 Days of Prayer and Fasting

On Mon, 9/19, we began a journey of 40 days of prayer and fasting. This week, we will focus on how God can Transform our Mental Health as the Body of Christ. If you are able to join us in person on Thursdays at noon, we meet in the worship center each week. Pastor Craig has also encouraged everyone to consider a spiritual fast during this time. He suggested a once a week, 24 hour fast where you eat supper on Wed night and then refrain from food until supper on Thurs night. However you are able to participate, your prayers are treasured!

Fall Family Fun Night!

Save the date! Our annual Fall Family Fun night will be held on Wed. Oct. 26th at 6pm. If you are interested in attending or serving, visit our website: mylhumc.net/fallfun. If you have any questions, you can email our Family Minister, Mary McQuagge, at mary@mylhumc.net.

1) Connect with _____ and

Connect with _____.

A friend loves at all times, and a brother is born for adversity.
Proverbs 17:17 NIV

Cast all your anxiety on Him because he cares for you.
1 Peter 5:7 NIV

2) Realize your feelings are often _____.

There is a way that seems right to a man, but in the end it leads to death.
Proverbs 14:12 NIV

The heart is deceitful above all things and beyond cure. Who can understand it?
Jeremiah 17:9 NIV

3) Give to _____.

In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: "It is more blessed to give than to receive."
Acts 20:35 NIV

4) Live where your _____ are.

Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.
Matthew 6:34 NIV

40 Days of Fasting & Prayer

Week of October 2: Pray for the Mental Health of our congregation.

Ask God to give us the mind of Christ and enable us think in good and pleasing ways.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Phil. 4:6-7 NIV)

Sermon Notes

I want to know more about...

- Joining the Church
- Joining a Life Group
- Baptism/Salvation
- Children's Ministries (K-5th)
- Student Ministries (6th-12th)
- Ways I can serve

Prayer Requests

Please keep this matter confidential

Wednesday Night Supper Oct 5, 2022

Adult plates: Bourbon chicken w/rice, broccoli and bread pudding with bottled water or soda.
Kid's plates: Grilled Cheese w/fries, baked beans and bread pudding with bottled water or juice.

Name: _____

___ # of Adult plates (11 and up \$10)

___ # of Kid's plates (10 & under \$5)

Family max \$30
Pay at door or scan
QR code to pay online.

